

FREDERICK FAST TRACK

May 20th, 2017 - Saturday

RUGBY TOURNAMENT

Location & Time:

1151 Rocky Springs Rd,
Frederick, MD 21702

8am to 5pm



TROPHIES AWARDED FOR 1ST, 2ND AND 3RD PLACE

Sign-Up NOW at www.frederickyouthrugby.org - CLICK on FAST TRACK link and complete FORM

U-15 Rugby Tournament - 9th and 10th Grade Players ONLY

Frederick Fast Track Rules!

1. 5 minute pregame
2. 20 minute running clock games (10 minute halves)
3. 3 minute half time intermission
4. Yellow card sin bin 4 minutes
5. No line outs
6. If ball goes into touch, opposing team awarded scrum at point of exit - even for penalty and free kicks
7. Conversion Kicks are drop kicks
8. Penalty kicks may be attempted with a tee
9. Follow rest of USARugby High School laws
10. 2 high tackle rule - 3rd high tackle player goes to sin bin.
11. 2 yellow cards awarded to player automatic ejection for the rest of tournament.
12. Red Card automatic ejection from game reported to Disciplinary Chairman
13. Team provides touch judge
14. No yelling at the refs but compliments are encouraged!
15. HAVE FUN!



Tournament Points:

3 points for WIN
1 point for TIE
1 point for SHUTOUT
1 point for 4 TRIES